I remember, my three sons waking up in the morning when they were just small young boys. There were so many memories of each one of them as they rose up out of bed and said, “Good morning Mama”.

They were young and so innocent and they had their whole life ahead of them. They played together. They fought together and they grew up together. There were lots of controversial times and I was not always beside them to encourage them through it. There were lots of joyous times and I took pleasure that I was given the opportunity to love and mother them.

My sons grew in stature and grace. They became courageous and wise. Sure, there are still times when difficulties appear in their lives, but I have a belief that each one of them will seek the tools that they need to prevail against adversity.

There was a quote in the book Romeo and Juliet, “How do I love thee, let me count the ways”. I say to my three sons, “How do I love thee, let me count the ways”. I say to them, “I loved you as I carried you in my belly and tried to eat and live well, to help you each grow strong.

I loved you when I judged myself as fat while you kept growing to the seventh pound inside me. I say to them, I loved you when I woke up each morning with a smile in my heart and went to work as a heavy, tired mother to be.

I loved you as I laid on the table and tried to push you out into your life and when that did not work, I gave the trust of my body over to the surgeons who skillfully removed you from my womb.

From the moment you entered this life, until the moment that I leave this life, I will love you. In one way or another, each of you grew from me and I from you. I am forever grateful that you are a part of my life.”

Our memories are what makes a Mother’s love develop and the growing children’s active participation in our lives is what keeps a Mother’s love budding.

Relationships need to be nurtured to continue to produce fulfilling results. If ever, we get to a point that we feel that our relationships are not satisfying us, all we need to do is to search for the tools that can help us cultivate our relationships, so that we can later enjoy the fruits of our labor.

Inspirational tools come in all kinds of shapes and sizes. What works for one person may not work for another. So relax and search for the tools that will meet your standards and use them to wisely build your union on solid ground.

For it is said, “A wise man built his house upon the rocks”.